



MILO  
& ME

HAPPY  
READING,  
HEALTHY  
EYES



# HAPPY READING, HEALTHY EYES



It's Children's Book Week! At Milo & Me, we believe in the importance of allowing children to be themselves and experience adventures in their unique way, including through their favorite books. Reading is not only a lot of fun, but it also enhances children's language skills, stimulates their creativity and imagination, and promotes critical thinking.

Good vision makes reading even more enjoyable. Visit [milo-me.com](http://milo-me.com) and read the blog to learn about the 20-20-2 rule for healthy eyes and happy reading!

